

## Back to School Checklist For Students With Diabetes

To Get	~	Details	Notes
Physician Orders/Medical Information		Diabetes Management/Physician Orders for School form Forms can be found online or in Health Office	Obtain <b>yearly</b> at your diabetes clinic appointment <b>before</b> school starts & update as needed for any school changes in school care
Testing Supplies		Blood Testing Supplies:	
		Glucose meter	
		Blood test strips	Use within 4 months after opening
		Control Solution	Use within 6 months after opening
		Disposable lancets	
		Urine/Blood Testing (Ketostick)	
Hypoglycemia (Low Blood Sugar) Treatment Supplies		15 gram carbohydrate foods for the treatment of hypoglycemia	Students should always carry some sort of fast acting glucose source with them  Additional snacks (juices, candy, glucose tabs, etc) can be found in the Health Office
		Juice box	
		Glucose tablets	
		Candy	
		Protein snack	
		Glucagon emergency kit (with prescription)	
Hyperglycemia (High Blood Sugar) Treatment Supplies		Insulin	Check expiration date
		Syringes or Insulin Pen needles	
		Pump change of site/batteries	
Personally labeled container or small box for diabetic supplies		It is recommended that students keep an additional supply kit in the Health Office.	
Emergency supplies		It is very important that your child have an emergency kit stocked with supplies and snacks AT ALL TIMES. PLEASE BE PREPARED.	
Emergency Information		Parents' names, current work, cell & home numbers & alternate contacts	Make sure all info has been updated on Aeries prior to school starting